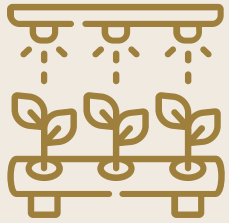




Attentive Inventory of Mental Health

Counseling and Health Service Division

Attentive Inventory of Mental Health



Method

- Online assessment
- Approximately **10–15 minutes** to complete



Purpose

To help you understand your mental health and life adjustment over the past two weeks.

Step 1

Click "Start" to begin.

Language 語言 | 中文 (繁體)

中文 (繁體)
English
Tiếng Việt
Indonesia

大專校院學生心理健康關懷量表

帳號登入 Sign in 帳號登入 > 填答結果查詢 Sign in > My test result 忘記密碼 Forgot password 常見問題 FAQ

大專校院學生心理健康關懷量表
Attentive Inventory of Mental Health

透過簡易的量表，就能了解自己目前的心理健康與生活適應狀態，
再藉由專業老師的輔助，讓自己能越來越好

※ 請使用Google Chrome瀏覽器進行操作 ※

開始填答
Start

✖ You can select
your language in
the upper-right
corner.

Attentive Inventory of Mental Health

Through the test, you can understand your current mental health and life adaptation status. With the help of professional counseling psychologist, you will become better and better.

※ Please use Google Chrome browser. ※

Sign Up

Sign in

Step 2

Click “**Sign Up**” and create an account.

After entering your information, click "Submit."

Create an Account

School Name

(Silakan pilih wilayah sekolah)

Your Name

Student Number(your account number)

Please enter 6-16 characters

※ *Please be sure that your student number is correct

Password

Please enter a combination of 8-16 characters of English and numbers

Confirm your password

Contact Number

Example: 0912345678

Email

Email

※ The faculty of the University might use your email address to contact you, and it will also be used as the verifying information if you forget your password. Please make sure the information you provided is correct.

基本資料

學校名稱/School Name

姓名/Your Name

聯絡電話 / 手機/Contact Number

學號/Student Number

Email

請一定要詳記密碼，以便日後查詢使用。

You might need to check your result or redo the questionnaire, please remember your password

密碼/Password

下一步，填寫基本資料/Next, basic information

Step 3 Confirm Your Information

Please make sure all the information you entered is correct.

Then click "**Next: Complete Basic Information.**"

****important****

Please remember your password, as it will be required for future access.

測驗帳號登入

學校名稱

(請選擇學校所屬地區)



帳號

Username

密碼

Password

登入

Step 4

If the connection is interrupted,
please log in again to continue.

Information about Personal Data Collection, Processing and Usage:

1. The data collected via this inventory include your personal information, such as your name, birth date, school major, family conditions, life conditions, and mental health status. The Guidance and Counseling Center will use the information only for understanding your physical and mental health status so as to provide you with proper interventions, if necessary. They will not use it for other purposes.
2. The time period, territory, recipients, and methods of which the personal data are used: The data will be used only when you are enrolled in a university in Taiwan via paper-based, electronic, internet or other methods. The data will be shared with school Guidance and Counseling Center, teachers and counselors in Guidance and Counseling Center.
3. According to Personal Data Protection Act, you have the right to ask for a copy to review, make corrections, or delete the data collection, processing and usage of your university.
4. You can choose not to fill out this form if you have previously provided. Your right to refuse will not affect your enrollment in the university.

Computerized Test Consent for Undergraduates:

- This test will be delivered online.
- This test can help you understand your adjustment conditions, and provide you with help from school Guidance and Counseling Center.
- Only guidance teachers/counselors will also follow the ethical regulations. If you have any questions, please ask for the student's permission.

☒ I hereby acknowledge that I have read and understand the content of this consent.

☐ I do not agree.

Giải thích về việc thu thập, xử lý và sử dụng thông tin cá nhân

1. Các hạng mục được thu thập trong bảng đánh giá này bao gồm họ tên, ngày tháng năm sinh, khoa và năm cấp đại học, điều kiện sinh hoạt, trạng thái sức khỏe tinh thần và thể chất cấp cho các đơn vị phụ đạo của nhà trường hiểu biết về bạn, tiến hành can thiệp khi cần thiết, mà không ảnh hưởng đến quyền lợi của bạn.
2. Thời gian, khu vực, đối tượng và phương thức sử dụng thông tin này là khoảng thời gian bạn đang học lãnh thổ Đài Loan, sử dụng hợp pháp, hợp lý qua văn bản cách thức phù hợp khác, đối tượng sử dụng là giáo viên phụ đạo nhà trường.
3. Theo quy định của luật thông tin cá nhân, quyền lợi của bạn tìm hoặc đọc, làm bản sao, yêu cầu bổ sung hoặc điều chỉnh hoặc sử dụng thông tin cá nhân của bạn mà nhà trường thông tin cá nhân của bạn. Bạn có thể lựa chọn không yêu cầu xóa thông tin mà bạn đã điền, quyền lợi của bạn.

Biên bản đồng ý trắc nghiệm trên máy tính B chăm sóc sức khỏe tâm lý sinh viên

- Các thức trắc nghiệm: trắc nghiệm trực tuyến, mất khoảng 10-15 phút.
- Bảng trắc nghiệm này có thể giúp bạn hiểu được tình hình bạn, dự đoán tình hình thích ứng cuộc sống trong trường học, và hỗ trợ Trung tâm tư vấn về tâm lý và sức khỏe tinh thần và thể chất của bạn, dành sự quan tâm và cung cấp nguồn lực mà bạn có thể sử dụng để cải thiện bản thân.
- Báo cáo kết quả: Chỉ có giáo viên phụ đạo của Trung tâm tư vấn có thể đọc khi cần thiết, và tuân thủ nguyên tắc bảo mật.

☒ Tôi đồng ý với nội dung tuyên bố trên đây.

☐ Tôi không đồng ý với nội dung tuyên bố trên đây.

Penjelasan pengumpulan, pemrosesan dan penggunaan data pribadi

1. Kategori data yang dikumpulkan oleh skala ini meliputi data pribadi Anda, termasuk nama, tanggal lahir, jurusan/tingkat sekolah, status keluarga, situasi kehidupan serta kondisi kesehatan fisik dan mental. Data ini hanya akan digunakan oleh unit bimbingan sekolah untuk memahami kesehatan fisik dan mental Anda, dan melakukan intervensi jika diperlukan. Data ini tidak akan digunakan untuk tujuan lain.
2. Periode, wilayah, pihak dan cara penggunaan data pribadi: Periode penggunaan data ini adalah selama Anda masih berstatus mahasiswa, dengan wilayah di Taiwan, serta digunakan secara legal dan wajar dalam bentuk tertulis, elektronik, di internet atau metode lain yang sesuai. Pihak yang menggunakan data ini adalah guru pembimbing di Pusat Bimbingan dan Konseling sekolah.
3. Menurut Undang-Undang Perlindungan Data Pribadi, hak Anda adalah: Anda boleh mengakses atau membaca, membuat salinan, meminta penambahan atau koreksi data, mengajukan pemberhentian pengumpulan, memproses atau menggunakan data pribadi Anda, atau mengajukan penghapusan data pribadi Anda yang dikumpulkan oleh sekolah.
4. Anda boleh memilih untuk tidak mengisi skala, atau mengajukan penghapusan data yang telah Anda isi, tanpa mempengaruhi hak Anda.

Surat Persetujuan untuk Pengujian Komputer Skala Kepedulian Kesehatan Mental Mahasiswa

- Metode Pengujian: Pengujian dilakukan secara online, memerlukan waktu sekitar 10-15 menit gunakan.
- Pengujian ini dapat membantu Anda memahami kondisi fisik dan mental diri sendiri, memperkirakan kemampuan adaptasi kehidupan kampus, dan sebagai referensi untuk merencanakan kehidupan kampus Anda. Pengujian ini juga membantu Pusat Bimbingan dan Konseling sekolah memahami kondisi kesehatan fisik dan mental Anda. Berdasarkan kebutuhan pribadi masing-masing, memberikan kepedulian yang tepat, serta menyediakan sumber daya yang bisa Anda.
- Laporan hasil: Hanya boleh diakses oleh guru pembimbing Pusat Bimbingan dan Konseling sekolah, apabila diperlukan. Dan harus mematuhi prinsip kerahasiaan pribadi serta etika terkait.

☒ Saya setuju dengan pernyataan di atas

☐ Saya tidak setuju dengan pernyataan di atas

Step 5

Read the Informed Consent Form

Step 6 Complete Your Personal Information

Demographic information

※ Choose one that matches your condition most

. Sex:

☐ Male ☐ Female ☐ Other

. Date of Birth:

dd/mm/yyyy



. School/ Program:

☐ University/Bachelor ☐ College/Technical School ☐ Military/Police Academy

☐ University/Master ☐ University/Doctoral

. Department:

人類發展與家庭學系



. Year:

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ Other

. Class:

. Admission:

☐ Multi-Star Project ☐ Individual Application

☐ University Designated Exam and Distribution

☐ Technical/Vocational School Unified Entrance Exam and Distribution

☐ Students with Disabilities University Entrance Exam

☐ Entrance Exam for Special Expertise ☐ Entrance Selections for Special Populations

☐ School Transfer ☐ Other

. Status:

☐ General ☐ Taiwan Indigenous ☐ Special Education, Disability:

☐ Oversea Chinese, Oversea Residence: ☐ International, Country:

☐ Exchange Students, Country: ☐ Other

. Resident Status:

☐ Living on campus (Dormitory) ☐ Rental off campus

☐ Living with parents/relatives or your own house ☐ Not sure yet

☐ Other

. Parental Marriage Status:

☐ Married, Cohabitated ☐ Married, Separated ☐ Divorced ☐ Widowed

☐ Other

. (Parents)Father's Education Level:

☐ Elementary and under ☐ Junior High School ☐ Senior High or Technical School

☐ College ☐ University ☐ Master ☐ Doctoral ☐ Unknown

. (Parents)Mother's Education Level:

☐ Elementary and under ☐ Junior High School ☐ Senior High or Technical School

☐ College ☐ University ☐ Master ☐ Doctoral ☐ Unknown

Next

Step 7

Learn How to Answer the Questionnaire

Attentive Inventory of Mental Health for Undergraduates (AIMH)

Dear students,

This inventory aims to help you and the Guidance and Counseling Center at your university to understand your mental health status. Data will be used only by the Guidance and Counseling Center and under the regulations of Personal Data Protection Act. Please answer the following questions at ease. The inventory includes demographic information and items related to physical and mental health. Please complete them orderly. After reading questions one by one, please answer each item based on your real thoughts, feelings, or behaviors in the recent 2 weeks (including today) . Choose and mark one of the 6-points that matches you the most. The higher number represents the higher fitness level. If there are two or more options that meet your conditions, please only choose the one that fits you the best.

Instruction

Time : 115 Second(s)

31. I easily amplify the negative feelings about myself recently.

Totally disagree ◀

▶ Totally agree

0%

20%

40%

60%

80%

100%



53. I often cannot control my incidental impulses.

Totally disagree ◀

▶ Totally agree

0%

20%

40%

60%

80%

100%



Send

Start

1. I currently don't have life focus and purpose.

Totally disagree ◀

▶ Totally agree

0%	20%	40%	60%	80%	100%
☐	☐	☐	☐	☐	☐

2. I am very clear about my future plans.

Totally disagree ◀

▶ Totally agree

0%	20%	40%	60%	80%	100%
☐	☐	☐	☐	☐	☐

53. I often cannot control my incidental impulses.

Totally disagree ◀

▶ Totally agree

0%	20%	40%	60%	80%	100%
☐	☐	☐	☐	☐	☐

Send

Step 8

Complete the Assessment

- Please answer **every** question, then click "**Submit Answers.**"
- Based on each question, select the option that best reflects your **actual** thoughts, feelings, or behaviors.

The background features a large, light beige organic shape. In the top right corner, there is a cluster of small green dots, some of which are inside a dark grey circle. Below this, there is a solid green circle. In the bottom left corner, there is a dark brown organic shape.

Thanks!